

Goblin Soup



Have those pesky goblins been running around your garden or local park eating all the flowers? Well we might have the perfect solution. . . a nice smelly bowl of soup for them to eat so they leave the flowers for the bees.

You will need a bucket or bowl (will get muddy) and a mixing stick or use your hands! and with an adult go and explore your garden or local green space to find the following ingredients:

- Lots of mud- preferably wet
- At least 3 different types of leaf from the ground then crush them all up
- At least 4 fallen petals
- Blades of grass
- A few small round stones and a few pointy stones – Goblins love chewing on rocks
- Pinecones or larch cones from the ground- to help clean goblins teeth
- Small natural materials such as twigs or shells
- If you're by the beach you can add sand and seaweed too!

Once you think you have enough ingredients mix it really really well with your hands or stick and find a nice shady quiet spot away from paths and where people sit and tip the soup under some vegetation so the goblins can find it, don't worry if its not neat the goblins love messy soup!

**Medway Valley Countryside Partnership
Family Outdoor Education Pack**



Additional comments:

When you are looking for materials please avoid private property/ land unless you have the landowner's permission.

Watch out for stinging insects, brambles and nettles, be careful not to disturb wildlife or destroy habitats.

Please don't pick leaves off trees or petals from flowers just use ones that have fallen on the ground